

2023 in review!

So many activities took place in 2023 that we wanted to take the time to capture a few.

Michel enjoyed himself at the indigenous day celebrations that included hotdogs, face painting and free popcorn!



Chair yoga at the VMC.



There was no sun, but if you can't see the sunshine, then **be** the sunshine. Despite the weather Graham had loads of fun at the foam party hosted by Kintz and Klomp.

Wow! Look at all of Angie's gardening!!! Can't wait till this summer.



Chandra's delight shines as she gave one of our Board Member a pie in the face at our very first and never forgotten Fun raiser. A big Hurrah goes to Paul Dambremont for being such a good sport.