

## Supported Independent Living

Supported Independent Living (SIL) provides people with the opportunity and support to live semi-independently within the community.



Support workers provide personalized intermittent support in areas of life depending on what the person has identified as needed and desired. This may include finding a place to live, money management, menu planning and shopping. We also support people to care for their own health need while learning living skills and building a community support network. Support workers work in conjunction with family and other community supports.

## Our Mission

That all people live in a state of dignity, share in all elements of living in the community and have the opportunity to participate effectively.

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Timmins

INTÉGRATION  
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## SUPPORTED INDEPENDENT LIVING



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# Supported Independent Living

## We want to:

Foster and promote environments where individuals can fully exercise their human and civil rights.

Foster and promote safe and respectful environments for people to learn, live and share in the benefits of our community.

Connect people to natural supports in all aspects of the community. CLTIC is only one small part of the whole community.

Use person-centred planning to ensure the decisions and supports make sense to the individual person.

Support each person to make informed choices that take into account what is important to each person, the reality, and consequences of each choice and decision.

Regularly evaluate all the services to ensure they are meeting the needs of people we support as best as possible.

## Our Goal

Our goal is to enable individuals with an intellectual disability to live as independently as possible, respecting the individual's interests and wishes. We work in conjunction with other agencies, services and our community connecting to natural supports as much as possible. We strive to support individuals with succeeding in reaching their full independence.

## Criteria

- We are a free and volunteer service.
- Individuals are asked to participate in all facets of the service.
- Must be living independently or planning to do so in the near future.
- Applicants must be 18 yrs. of age or over and be referred through DSO.
- The applicants primary diagnosis must be that of an intellectual disability as determined by the DSO.
- Must be referred by the DSO.
- Applicants need to have their own source of income in sufficient amount to cover all living expenses ie. ODSP, CPP, employment, pension.

## Support Provided

In order for a person to be as independent as possible, support includes but is not limited to medical, financial, life skills, community skills, advocacy, nutrition, recreation or other so that a person can be more independent.

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